

# Athletic Packet Information

## Overview

The CCSD **required** Athletic Packet is a set of 4 pages, to be completed prior to participating in any sport for CCSD. All athletes must have a completed packet on file prior to the start date of their sporting season. Only one packet is necessary for athletes participating in multiple sports per year, however, a new packet must be completed each school year.

To get an Athletic Packet, go to [www.registermyathlete.com](http://www.registermyathlete.com). Create an account, and download 4 pages to be filled out and signed. 3 pages are the actual physical that need to be filled out by the Student, Parent, and Physician, and uploaded into Register My Athlete. The 4<sup>th</sup> page is an Authorization page that needs to be signed by the athlete and parent and brought into the office so we have a hard copy of it.

Packets may be uploaded into Register My Athlete or you can bring them into the office to Kathy Ryan and she will upload it for you.

There is also an Authorization Form that must be signed by both the athlete and the parent and the hard copy must be submitted to the office along with a receipt for \$5.00 from the school banker, located in the commons. The \$5.00 fee covers the Impact Testing that is administered by our Athletic Trainer prior to the season. The Impact Test is a mandatory part of our concussion management program.

**Please turn in your packets as early as possible.**



