

Name: _____

(PRINT) FIRST & LAST name

Student I.D. #

Please initial below that all items are accounted for.

_____ **Completed** Cheer Constitution with your first and last name printed at the top. (initialed by yourself and your parent/ guardian)

_____ **Completed** Commitment contract (initialed by yourself and your parent/guardian)

_____ **Completed** Register My Athlete packet online (print confirmation page)

RETURN to Coach Petrosky –at entrance to clinic
on Monday, August 1st

All items must be completed in order
to participate in clinic

Southeast Career & Technical Academy Cheerleading Information

Dear Parent/Guardian,

We are excited about the overwhelming response surrounding SECTA Cheerleading tryouts. Please be reminded about the requirements for tryouts, the time commitment and also the financial obligation involved with becoming a cheerleader. It is imperative that both you and your child understand these requirements before the tryout process begins.

This is always an exciting time but please know that there are a limited number of spots available on the squad. We will be reviewing all student's second semester grades. Participants will then be able to try out based on their grades and behavior at SECTA or middle school. During the tryout process, students will be judged by experienced cheer coaches and veteran college cheerleaders.

As teachers, we realize the disappointment felt by those students that are not selected. Please remember that the results are final and absolutely no changes will be made once the team is posted. We assure you that all students selected were chosen by the same criteria used for each athlete trying out. We appreciate your support during this exciting time!

Sincerely,
Coach Petrosky

Schedule for Cheer Clinics and Tryouts:

There is a \$30 RMA athletic fee for all students who tryout (online at SECTA.us).

If you have other outside activities that will interfere with your commitment to Tech Cheer, please decide whether or not Tech cheer is the right decision for you and your family.

***Please note that all clinics & tryouts are closed. Only those participating in the tryout process will be able to attend!**

ALL CLINIC DAYS ARE MANDATORY

Monday, Aug. 1st at 1:30pm	Please return all required items upon entering gym with your <u>Cover sheet completed and initialed</u> on the front. <ul style="list-style-type: none"> • <u>SECTA Cheer Packet completed</u> with initials from you and your parent/guardian • Cheerleader in solid white t-shirt, black shorts, sneakers, and ponytail
Monday, August 1st- Thursday August 4th	<u>Cheer Clinic-GYM</u> - Mon - Thurs: 1:30pm-3:30pm Attendance is mandatory. Points will be deducted for absences - NO EXCEPTIONS Please bring your own water. Reminder: <u>No Jewelry or Nails allowed!</u>
Friday, Aug. 5th	<u>TRYOUTS!</u> (1:30pm to 3:30pm approx.) We will begin the tryout process as soon as judges arrive. Students trying out will stretch and wait in an adjacent classroom until their number is called. Once a student has completed their tryout they will need to exit the gym and campus.
Friday, Sept 5th	The 2022-2023 SECTA Cheer Squad will be posted on Friday evening on the Secta.us cheer page and Register my Athlete site.. Please remember that all decisions are final.
Aug. 8-19	Mandatory uniform fitting with parent present- Date TBD by Varsity Uniform Rep

Dress for Cheer Clinics & Tryouts

You must wear a solid white t-shirt (tucked in) and black shorts.. No tank tops, crop tops or sleeveless shirts will be allowed. All hair must be slicked back into a ponytail. Athletic shoes and white socks must be worn. **Absolutely NO jewelry or fake nails** will be allowed during tryouts or during the season. Your commitment to the dress code during clinics and final tryouts will reflect upon your score.

Grades, Attendance and Citizenship Requirements:

All cheerleaders must maintain a 2.0 G.P.A., with no F's, to try out and remain eligible for the cheerleading squad. Additionally, all cheerleaders must not have any "N's" or "U's" for citizenship grades. CCSD attendance & tardy regulations will apply. Grade checks will be conducted on a routine basis throughout the year. Failure to maintain these requirements may result in dismissal from the squad.

Competition: Competition is a huge time and financial commitment. This decision will be made once the team is chosen and the level of skill of each squad member is evaluated. There will be a parent meeting scheduled if this is something we pursue.

Cost of Cheer

Cheerleading is a financial commitment and you are required to pay for practice wear, uniform, warm-ups, shoes, bag, socks, hair bows, etc. Amounts highlighted in **yellow** are if we compete.

The approximate cost is as follows:

Amounts:

Practice wear: 2 custom tees & nike shorts	\$85
Choreography & music:	\$TBD (If we compete)
Elements gym training (stunting/tumbling 1 day per week): Sept-Feb	\$150 (If we compete)
Local Competition fees (not including Nationals):	\$100 (If we compete)
<u>Brand new Custom Uniform</u> (includes all of the following: top & skirt, shell, emblems, poms, embroidery, cheer shoes, socks, hair bow, bloomers, bag, warm ups)	\$575 estimate
Athletic Banquet:	\$10 per parent
Approximate total out of pocket cost for the 2022 - 2023 season:	\$675 estimate
	plus \$250 (If we compete)
Concussion Protocol	\$5
OPTIONAL: Varsity Jacket	\$200 (approx.)

Fundraisers:

If our squad competes locally and receives a bid to Nationals this year, fundraising opportunities may be available. If not, those fees will be additional.

Cheerleading Practice Schedule:

During the 2022-2023 school year, cheerleading practice will be held tentatively Tuesdays & Thursdays from 2:00-3:30. Additional practices will be scheduled when needed based on team availability. All practices are mandatory. Cheerleaders will also be required to attend games, poster making activities, service projects, assemblies and other activities assigned by Administration and coaches.

As soon as the basketball game schedule is released, it will be posted on the SECTA athletic page and cheer page.

Any Questions?

Please contact Sheilah Petrosky at Corcosa@nv.ccsd.net

UNIFORM and PAYMENT CONTRACT

All payments are to be made to the school banker and a copy of the receipt is to be turned into Coach Petrosky.

I, _____ (Parent/Guardian- please print), understand that it is my responsibility to pay for all cheerleading uniform costs in full by Friday, September 9th, 2022. If I am unable to do so I will contact Coach Petrosky to set up a payment plan with SECTA Administration. I understand that my son/daughter will not be allowed to participate until the account is paid in full, even with a payment plan in place unless otherwise noted by SECTA Administration.

I, _____ (Parent/Guardian- please print), understand that the first uniform payment of \$337.50 is due on August 8th. The second half of the payment is due in full by September 9th, 2022.

I, _____ (Parent/Guardian- please print), understand that certain uniform pieces may be returned/sold back to the SECTA cheer team for \$20 a piece. This includes shell, liner, skirt, and warm-up pants. Coaches reserve the right to not accept damaged pieces or pieces that will not be used next season.

I understand the above three items: _____ (Parent/Guardian Signature). Date: _____

TECH CHEER '22-23

Commitment Contract

TECH Cheer is excited about starting a new year. We need a commitment from each cheerleader since a team relies on everyone doing their part. If the following conditions cannot be met we ask that they do not try out, as it is a hardship to the entire team. If any of these commitments are not met the cheerleader risks being pulled from the game, routine and/or trip. If a cheerleader quit or was removed from the '21-22 squad,, they are ineligible to try out for the '22-23 year.

Parents & Students, we have read and agree to abide by the following rules & regulations of SECTA Cheer and understand the time and financial commitment involved:

Parent Initials	Cheerleader Initials	Commitment
		maintain a 2.0 GPA. No F's or U's. Grade checks are performed by the Athletic office two weeks before a competition, game, assembly, or event.
		attend all scheduled practices, activities, games on time. Any missed events will be pre-arranged with a written note/email from a parent . Any absences due to illness or other reasons will be excused also with a written parent note/email. Do NOT just verbally tell the coach.
		understand 2 unexcused absences (practice or events) will result in being benched from the routine/game/activity and an alternate may replace you. Any tardies over 15 mins will count as an absence. Repeated unexcused absences of 4 or more (practice or events) will result in being pulled from the team.
		remain at practice from 2:00 to 3:30 unless pre arranged in writing . Missing practice to participate in another sport/activity/club is not allowed.
		commit to performing and participating, even if I am moved to a different stunt position.
		do my best to schedule appointments such as dentists, doctors, etc. around the practice schedule. (We will not have any practices on Wednesdays or Fridays)
		understand that all money and permission slips must be turned in by the predetermined date. If not, the cheerleader may be pulled from the routine/activity/trip.
		understand that all money for uniforms and competitions have a due date and I will pay in full on or before that date. Uniforms must be paid in full to be released to the athlete. All monies will go through the Banker and are non-refundable for any reason.
		understand that fundraising for Nationals (if applicable) is encouraged but not mandatory. Any amount not fundraised by the cheerleader must be paid out of pocket.
		athletes and parents will come to practice/events/games with a good attitude and treat all coaches, captains, teammates, administration and other parents with respect.
		understand cheerleaders are expected to be school leaders who represent themselves, their team, and their school well. All cheerleaders must conduct themselves professionally, especially when they are in uniform. No PDA, no foul language, and dressed for all events upon arrival. No nail polish, fake nails or jewelry is allowed. Understand that the coaches and administration have the power to decide to remove or bench a cheerleader from the squad at any time if needed.
		will not talk bad or make inappropriate comments about teammates, coaches, or the cheer program on any social media outlets or at any time/place . I will also not post inappropriate pictures or comments that do not represent the cheerleader, team, or school well. Parents are encouraged to monitor their child's social media accounts.
		understand and will abide by the school district hands off policy, which includes public displays of affection.
		understand that after fees are paid, I will not be refunded any money if I am removed or benched from the team, competition routine, or cannot compete due to injury, illness, academics, behavior, or any other reason. Athletic packet fees are non-refundable.
		understand that by the very nature of the activity, cheerleading and gymnastics carry a risk of physical injury. No matter how careful the participant and coach are, how many spotters are used, landing surfaces used, the risk cannot be eliminated. The risk of injury

		includes minor injuries, such as muscle pulls, dislocations, and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck or head. I understand these risks and will not hold SECTA or any of its personnel including coaching staff and students responsible in the case of accident or injury at any time.
		understand any person who attends a competition or any team-related activity to support the cheerleader and team must maintain appropriate and <u>positive</u> sportsmanship. Talking to other teams, parents, coaches or other cheerleaders in a negative manner is prohibited. I will not coach from the sideline. If I have a suggestion for improvement, I will review this with the coach and administration at an appropriate time.

Parent Signature: _____ Date: _____

Cheerleader Signature: _____ Date: _____